

**Subject:** Physical Education

**Qualification:** Cambridge Nationals in Sports Studies

**Exam Board:** OCR

### **What will I study?**

#### **Contemporary issues in sport**

Topic Area 1: Issues which affect participation in sport

Topic Area 2: The role of sport in promoting values

Topic Area 3: The implications of hosting a major sporting event for a city or country

Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport

Topic Area 5: The use of technology in sport

#### **Performance and leadership in sports activities**

Topic Area 1: Key components of performance

Topic Area 2: Applying practice methods to support improvement in a sporting activity

Topic Area 3: Organising and planning a sports activity session

Topic Area 4: Delivering a sports activity session

Topic Area 5: Reviewing your own performance in planning and delivery of a sports activity session

#### **Increasing awareness of Outdoor and Adventurous Activities**

Topic Area 1: Provision for different types of outdoor and adventurous activities in the UK

Topic Area 2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities

Topic Area 3: Plan for and be able to participate in an outdoor and adventurous activity

Topic Area 4: Evaluate participation in an outdoor and adventurous activity

### **How is this course assessed?**

#### **Contemporary issues in sport**

1 hour 15 minute written examination 70 marks (80 UMS) OCR-set and marked

#### **Performance and leadership in sports activities**

OCR-set assignment 80 marks (80 UMS) Centre-assessed and OCR moderated

#### **Increasing awareness of Outdoor and Adventurous Activities**

OCR-set assignment 40 marks (40 UMS) Centre-assessed and OCR moderated

### **What can this qualification lead to?**

Apprenticeship Framework Levels 1-2

Vocational qualifications (QCF) Certificate /NVQ Diploma Personal Training & Leisure Management Level 3

Cambridge Technicals in Sport Levels 2 & 3

6<sup>th</sup> form college

### **Further information**

<https://teach.ocr.org.uk/cambridgenationals2022>

#### **Please contact**

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